



The volcano is world-famous (don't worry, it's not active) and also has unique black mud-baths that are reputed to be great for your skin. Are you achy from climbing Gros Piton mountain? Soak in the mineral springs to relax.

Prices quoted were gathered in May 2022 from websites or our best estimate basis what we've paid in the past or heard or read and may not be accurate for your visit. Drive times are approximate. Italics designate descriptions from websites or other reviewers' comments.



Website



Email



Review on TripAdvisor



Facebook

Diamond Mineral Baths and Spa



(758) 459-7155

Drive time from the villa: 15-20 minutes.

Location: Just outside the south-east edge of Soufriere (past Cool Breeze).

The mineral baths were originally built in 1784 for the French troops of King Louis XVI, so they could benefit from the therapeutic waters.

The two original baths were restored with a water temperature that may require you to add cooler water to bring to a comfortable temperature range (translation – the water temperature at the hot springs is designed to be hot, not warm!). Additionally, there are three pools feed from the overflow from the original tanks. These pools are situated in the open and the temperature of the water is pleasantly warm. The tepid water is clear and used by local bathers as well as visitors to the Island. Bathing in the waters is highly recommended for people who suffer from chronic rheumatism, sore joints and muscles.

Pay a small additional fee at the entrance for the baths and then soak for an hour – you can soak in private rooms or outdoors. We recommend getting there early before the tour buses get there.

Hours: Monday – Saturday 10 A.M. to 5 P.M.; Sundays and public holidays: 10 A.M. to 3 P.M.

Prices: Private baths: US\$7 / EC\$17.50. Public baths: US\$6 / EC\$15.00

Drive-in volcano and mud baths



Drive time from the villa: About 20 minutes.

Location: Slightly south of Soufriere.

The well-known Sulphur Springs Park in Soufriere, Saint Lucia is the hottest and most active geothermal area in the Lesser Antilles. The Sulphur Springs Park is approximately 45 hectares and is billed as the Caribbean's only drive-in volcano. A walk through the crater takes you past pools and hot springs bubbling and belching with sulphur-laden steam. Just outside the Springs, you can bathe in the warm sulphuric pools, reputed for its soothing effects. The Sulphur Springs forms part of the story of the creation of the entire Caribbean basin.

Geothermal systems such as Soufriere Sulphur Springs Park form when rainwater seeps into the ground where it is heated by hot rock. The hot water becomes buoyant and rises back to the surface along cracks. In some places the water is heated so much that it rises as steam. The heat source for the Sulphur Springs Park geothermal system is probably the cooling magma body responsible for the young volcanism of the Soufrière Volcanic Centre.

Our take on the volcano – it's OK, but don't beat yourself up if you miss it. The mud baths are rather fun, though. But be sure to wear something that is dark or you don't mind throwing out – we ruined a couple of light-colored T-shirts because the mud is black and doesn't come out well with washing.

Hours: 9 a.m. to 5 p.m. daily

Closed on the first Friday of September every year

FOREIGN VISITORS PRICING (from 2020, but recent reports seem to be near these prices):

Black Water Pool (hot springs) - Adult US\$10 / Child US\$5

Tour Experience (volcano) - Adult US\$9 / Child US\$5

Combo (Tour and Pool) - Adult US\$15 / Child US\$7

*Child prices is for ages 3 - 11 years

New Jerusalem Mineral Baths



(758) 518-9802 or (758) 518-6033

Drive time from the villa: About 20 minutes.

Location: Less than a mile outside the south-east edge of Soufriere on the road towards Fond St. Jacques.

Treat yourself to a body massage that helps to soothe aching muscles.

There is absolutely no level of difficulty to this hidden treasure, aside from a short ten-minute walk from the main road entryway back to the baths. The baths are natural pools of mineral rich water that serve to rejuvenate the skin and to relax anyone who soaks in them for a while. There are two warm baths that are equipped with seating areas and three different temperatures of water flowing from bamboo faucets from above. The pressure creates a nice warm body massage on aching muscles. This is not a crowded, nor a touristy location, so you will enjoy relative privacy and solitude.

Sometimes referred to as Jerusalem Falls even though it's not actually a waterfall.

Hours: 8 a.m. to 5 p.m. daily. Park your car on the road by the sign, and hike 10-15 minutes to the site. Pay when you get to the baths. Entrance fee is reported to be \$7 US per person.

Piton Falls and Baths



Drive time from the villa: About 20 minutes.

Location: On the way to Sugar Beach.

Not a lot of information on this, so you might want to ask the driver what other guests have thought of it. The reviews on Tripadvisor are mixed, but the price is reasonable (last report was \$3 US per person), so it might be worth a try if you are passing by. The falls are warm so they are easy to sit under and soak.

Sapphire Falls and Jungle Spa



(758) 716-8396

Drive time from the villa: About 15 minutes.

Location: Just off the main highway south of Soufriere, on the road to the drive-in volcano.

<https://www.facebook.com/sapphirefallsjubglespa/>

Relieve stress by indulging yourself in the amazing spa treatments, a relaxing mineral bath, and an invigorating and warm waterfall shower.

Your stay will be hosted by the very friendly Jahrod Alcindor, which is the brainchild of the whole experience. He will also be your tour guide through a scenic, low-to-medium difficulty trek towards the beautiful waterfall. The hike usually takes somewhere between 15 and 45 minutes, and, in spite of a few areas with significant grades, it's achievable even by the elderly.

Along the way, the knowledgeable Jahrod will teach you everything there is to know about this tropical paradise, from the various types of plants and their medical uses, to the geology and history behind the sulfur springs. At the end of the hike, you will arrive at the secluded and crystalline waterfall where you will be in for a very tranquil time.

Nature lovers are sure to appreciate this naturally beautiful spot which includes a mud bath, handmade mineral spring pool, the waterfall itself, a minimalist changing room, and a bathroom. You can also enjoy full body clay masks which makes any skin feel amazing, as well as other types of massage and jungle spa treatments.

They are open by appointment only, so be sure to call ahead of time. Apparently, they only allow one group in at a time, making this a private experience for you. Hence, the cost is higher than you would pay at other places. Prices seem to range between \$25US per person and \$45US per person, excluding spa services. It also seems they will cook a traditional coal-pot meal for you (price unknown).

Wear old/dark swimwear (same advice as for the volcano mud-baths). The black mud stains everything and is hard-to-impossible to get out.

Be sure to call John or Jahrod at the number listed (or ask Junior or Doxie to help you) and work out the timing and the pricing, and when and where to meet them. They don't seem to have posted prices anywhere that I can find, so be sure you are very clear on the cost before you make a commitment.