



For the best choice in necessities such as groceries, beverages, and pharmacy items (sunscreen, etc.), stop at the stores on your way to the villa from the airport.

If you can't get supplies on the way to the villa or you need supplies later, the local village of Soufriere has supplies, too, although a smaller selection.

Prices quoted were gathered in May 2022 from websites or our best estimate basis what we've paid in the past or heard or read

and may not be accurate for your visit. Drive times are approximate. Italics designate descriptions from websites or other reviewers' comments.



Website



Email



Review on TripAdvisor



Facebook

Massy Grocery Soufriere

(758) 457-2345

Drive time from the villa: About 10 minutes.

Location: Soufriere near Cool Breeze (Sir Arthur Lewis Street).

The newest grocery near the villa.

This is the new main grocery in Soufriere. It's larger than the other groceries and less crowded. Has a deli and a fairly large frozen foods selection (including decent frozen ground beef from the US) and a wine and spirits aisle. A reasonable amount of produce is available if you don't want to go to the open-air market. Overall, selection is decent but still limited compared to large supermarkets in the United States.

Check the expiration dates on items you purchase, especially on imported brand-name products.

Be sure to take the reusable grocery bags – Doxie can locate them for you.

Hours: Monday – Saturday 7 AM to 7 PM. Sunday 7 AM to 1 PM

Massy Minimart (previously Eroline's)

(758) 459-7125

Drive time from the villa: A little over 5 minutes.

Location: Soufriere on Church Street.

The closest grocery to the villa

Eroline's was the main grocery in Soufriere until the Massy opened in early 2021. Massy purchased Eroline's and is converting it to a "mini mart". But it is still reasonably well stocked, and is was fine for beverages and snacks and wine and spirits and pantry items. They also carry a few personal items such as sunscreen and insect repellent.

Check the expiration dates on items you purchase, especially on imported brand-name products. Be sure to take the reusable grocery bags – Doxie can locate them for you.

Hours: No official listing on the Massy website. Probably 7 AM – 7 PM daily except Sunday, when it is 7 AM to 1 PM. Doxie will know – check with her if you plan on shopping before 8 AM or after 7 PM.

Soufriere Open-Air Market

Drive time from the villa: A little over 5 minutes.

Location: Soufriere, behind the bus stop along Bridge street.

Get fresh fruits and vegetables and fish

There is an open-air market in Soufriere every day, with several vendors carrying whatever is in season. We frequently meet Doxie there in the mornings and take her advice on purchasing fruits and vegetables and fish – she knows everyone and will help you make good selections.

We bought a mahi-mahi from the fish vendor here and had him clean it for us and cut it into steaks. The man cleaning the fish spent a good 15 minutes and did an excellent job, and we tipped him a few \$US for his efforts.

Be sure to take the reusable grocery bags for your purchases – Doxie can locate them for you.

Hours: early morning, with the best selection before 10 AM. Saturdays are busier with more vendors (including fresh meat) and shoppers.

Excelsior Plaza (Soufriere Mall)

Drive time from the villa: A little over 5 minutes.

Location: Soufriere. The lower level of the Downtown Hotel.

A few shops that might be helpful for non-grocery items

There are a few shops in the “mall” in downtown Soufriere. A pharmacy (MC Drugstore), a Digicel store (for a local SIM card), an ice-cream parlor, and a store with a few clothes, along with a few other small shops.

You’ll also find the streets around the plaza lined with street vendors.

Hours vary depending on the store.

Massy La Tourney Grocery Store



(758) 457-2316

Drive time from the villa: About 45 minutes – but only about 10 minutes from the airport and on the way to the villa.

Location: A bit north of Vieux Fort area.

Stop here on the way to the villa from the airport for the best grocery selection

Massy La Tourney is a larger grocery than any in Soufriere - less cramped and has a better selection. There are farmers selling their produce outside the store. If you have EC cash, they usually have better produce and lower prices than inside the store.

If you use our driver service to pick you up at the airport, the driver will stop here at no extra charge to let you shop. He’ll also help you shop, as he’s quite familiar with the store. The wine selection isn’t great, but the wine has been stored at a reasonable temperature. If you aren’t particular about liquor brands, you can just pick it up here instead of stopping at Uptowns Liquor.

When buying frozen items keep in mind it’s a 40+ minute drive to the villa from here.

Hours: Mon - Thurs: 7 AM-8 PM Fri - Sat: 7 AM-9 PM Sun/Holidays: 7 AM-1 PM

Uptown's Liquor Store



(758) 712-4100

Drive time from the villa: About 50 minutes – but around 5 minutes from the airport and on the way to the villa.

Location: Vieux Fort, near the airport.

Stop here for the best selection of spirits

Uptowns is the place to shop for spirits on the south end of the island. They have a large selection, good prices (for St Lucia – imported alcohol carries a hefty duty on it and the prices reflect that). Note that the prices on their Facebook page and in the store are in \$EC and include the taxes. If you've always wanted real Cuban rum, they carry it here.

We generally don't buy wines here. The store is not well air-conditioned, and it's quite possible the wines have been exposed to warm storage conditions. In general, we bring a few bottles of good wine with us, either in our luggage or from the duty-free store in the US.

They also carry some groceries. If you are just looking for some snacks and sodas and juice, buying them here saves you a stop at the grocery store.

If you use our driver service, the driver will stop here at no extra charge to let you shop.

Hours: Mon-Thurs 8 AM to 6 PM. Fri-Sat: 8 AM to 8 PM. Sun 8 AM to noon

Faye Gastronomie Caraibes



(758) 730-2200

Delivery: use Whatsapp: 1-758- 719-5019

Drive time from the villa: About 50 minutes, but right across the street from UVF airport

Location: Vieux Fort

Stop here for the best selection of wines and gourmet food

From their website: *An exquisite selection of imported products from Europe (mainly France) and Asia. From vegetables, to cheeses, sweets, seafood and exclusive meat cuts; weekly arrivals of fresh products from the biggest food market in Europe, straight to our shelves.*

Our Wine & Spirit Cellar: A world-wide wine and spirit cellar. The very best one of St-Lucia, from world's leading Châteaux, exquisite vineyards and producers ensure our guests can enjoy exceptional wines.

We haven't shopped here yet – we're always in too much of a hurry when we land at the airport! But this is the place to get the highest-quality food and wine on the island. You'll pay, but it probably will be less than paying the resort restaurant prices.

They also offer free delivery on Mon/Wed/Sat. I don't know if they will go all the way to the villa, but it would still be far more convenient than driving to Vieux Fort if you don't stop on the way to the villa.

Their website has price lists and specials.

Hours: Mondays 9am / 730pm Tuesdays - Saturdays 9am / 9pm Sundays 9am / 5pm