



Whether you have our masseuse come to the villa, or go to a spa at a resort, we can't think of a better way to enhance the serenity at Villa Grand Piton than getting a massage.

Prices quoted were gathered in May 2022 from websites or our best estimate basis what we've paid in the past or heard or read and may not be accurate for your visit. Drive times are approximate. Italics designate descriptions from websites or other reviewers' comments.



[Website](#)



[Email](#)



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[Services list](#)

## Massage at the villa

There is a local masseuse that will bring her portable table and other equipment to the villa and give you a massage. Her price is \$75 per hour (subject to change without notice). Doxie can schedule the massages for you and confirm the price.

If you wish, she can bring a second masseuse and they can perform a couple's massage.

You may pay her cash, or we can pay her for you if you pay us with a credit card (5% fee) or Zelle (2% fee) before you leave the villa.

## Kai Belté Spa at Anse Chastanet



**1-800-223-1198**

**Drive time from the villa:** Under 10 minutes.

**Location:** Anse Chastanet resort.

*Kai Belté spa is located at beach level between our beach restaurant and the scuba centre. There are 5 air-conditioned treatment rooms, an open-air hair and nail salon as well as our open-air cabana Kai Mer overlooking the Anse Chastanet reef.*

*Respect for the uniqueness of each individual is the foundation of our spa experience. Our professionally trained and licensed therapists are committed to excellence, infused with enthusiasm and take pride in delivering a personalized and dedicated service. Our therapies combine both ancient and contemporary techniques in a natural manner. They are designed to bring balance and equilibrium to meet the needs of each individual.*

They also offer yoga classes.

**Hours:** Daily from 8:30 AM – 8 PM.

## **Sapphire Falls and Jungle Spa**



**(758) 716-8396**

**Drive time from the villa:** About 15 minutes.

**Location:** Just south of Soufriere, on the road to the drive-in volcano.

***Relieve stress by indulging yourself in the amazing spa treatments, a relaxing mineral bath, and an invigorating and warm waterfall shower.***

*Your stay will be hosted by the very friendly Jahrod Alcindor, which is the brainchild of the whole experience. He will also be your tour guide through a scenic, low-to-medium difficulty trek towards the beautiful waterfall. The hike usually takes somewhere between 15 and 45 minutes, and, in spite of a few areas with significant grades, it's achievable even by the elderly.*

*Along the way, the knowledgeable Jahrod will teach you everything there is to know about this tropical paradise, from the various types of plants and their medical uses, to the geology and history behind the sulfur springs. At the end of the hike, you will arrive at the secluded and crystalline waterfall where you will be in for a very tranquil time.*

*Nature lovers are sure to appreciate this naturally beautiful spot which includes a mud bath, handmade mineral spring pool, the waterfall itself, a minimalist changing room, and a bathroom. You can also enjoy full body clay masks which makes any skin feel amazing, as well as other types of massage and jungle spa treatments.*

They are open by appointment only, so be sure to call ahead of time. Apparently, they only allow one group in at a time, making this a private experience for you. Hence, the cost is higher than you would pay at other places. Prices seem to range between \$25 US per person

and \$45 US per person, excluding spa services. It also seems they will cook a traditional coal-pot meal for you (price unknown).

Wear old/dark swimwear (same advice as for the volcano mud-baths). The black mud stains everything and is hard-to-impossible to get out.

Be sure to call John or Jahrod at the number listed (or ask Junior or Doxie to help you) and work out the timing and the pricing, and when and where to meet them. They don't seem to have posted prices anywhere that I can find, so be sure you are very clear on the cost before you make a commitment.

## The Escape Spa at Stonefield Resort



**(758) 518-7044**

**Drive time from the villa:** About 15 minutes.

**Location:** Just south of Soufriere.

*Escape Spa at Stonefield Villa Resort is the ultimate destination for rest, relaxation, and rejuvenation. Maximize comfort and relaxation on your St. Lucia vacation with our luxury spa treatments, hair salon, and first-class service.*

*Escape Spa services include a range of massage therapies, manicures, pedicures, body scrubs and facials from our staff of trained professionals who will guide your relaxation in our comfortable spa setting.*

*We also have a salon with a range of services for special events, weddings, tropical honeymoons, and romantic date nights. Visit our salon services page for our beauty salon offers.*

**Hours:** 9:30 AM– 5 PM daily. Last appointment at 4 PM.

## Rainforest Spa at Sugar Beach Resort



**(758) 456-8000, ext. 5001/2**

**Drive time from the villa:** About 20 minutes.

**Location:** Just south of Soufriere.

*Cradled in the embrace of St. Lucia's World Heritage-listed Pitons, it is hard to imagine a location more conducive to relaxation and rejuvenation than the Rainforest Spa at Sugar Beach, A Viceroy Resort. Widely regarded as the island's spiritual heart, the lush foliage and soaring mountain vistas of Val des Pitons provide the perfect backdrop for our St. Lucia spa. Guests wishing to unwind can experience a period of re-creation in its truest sense — a time for reflection, renewal and break from everyday stresses of life.*

*Enjoy the peaceful and tranquil surroundings of the Rainforest Spa nestled at the base of St. Lucia's World Heritage-listed Petit Piton. Take time out to reflect, uplift your spirits and awaken your senses while restoring harmony and balance to your life.*

**Hours:** Open Daily 8 AM - 7 PM

## The Spa at Windjammer Landing



**(758) 456-9585 ext 585**

**Drive time from the villa:** About 80 minutes.

**Location:** Castries.

*Complementing its idyllic setting overlooking Labrelotte Bay, The Spa at Windjammer Landing is a haven where you can harness your energy and reconnect with your health and well-being. This vibrant sanctuary on the beautiful island of Saint Lucia holds a strong connection to the region's warm people and welcoming culture. Here at our St. Lucia spa, the healing power of nature is your guide to your best self. From traditional treatments to modern rituals, our palette of offerings is the perfect recipe for inner balance and outer peace.*

New and upscale spa. Extremely serene and excellent masseuses. We have a timeshare here and we always go to get pampered at least once during our stay.

Be sure to call ahead to check availability.