

How about riding something for your adventure? Put your helmet on and let's go! ATV rides through the rainforest, mountain biking, horseback riding, or take a tour through the hills on a Segway.

Prices quoted were gathered in May 2022 from websites or our best estimate basis what we've paid in the past or heard or read and may not be accurate for your visit. Drive times are approximate. Italics designate descriptions from websites or other reviewers' comments.



## Biking through Anse Mamin Plantation Ruins 🌐 🔽 📷

#### (758) 459-7755

Drive time from the villa: A little over 5 minutes.

Location: Anse Mamin beach (a 10-minute walk through and past Anse Chastanet beach).

#### Mountain bike through ruins at Anse Mamin

At Anse Mamin, there are trails back into the forest through an old plantation, and trail bikes to rent. Bike St Lucia rents mostly to Anse Chastanet and Jade Mountain resort guests, but they have a few spaces each day for others. They also offer the opportunity to hike the trails. We recommend you contact them before your trip to check for availability if you want to ensure you get to go biking. Stop at the ScubaStLucia hut on Anse Chastanet beach to make arrangements to rent bikes (or directions for hiking it, if you prefer).

## Mountain biking at Treetop Adventure Park





## (758) 452-0808

#### Drive time from the villa: About 90 minutes.

**Location:** Near Dennery, near the east side of the island. Although it's a little north-east of the villa, there are no roads through the interior. You will either go south to Vieux Fort and up along the east side or drive up to north of Marigot Bay and then cut across the interior

#### Ride through the rainforest to a spectacular waterfall!

If you want to experience the real St. Lucia, this is the tour for you. Cycle through our unique forest trails and witness up-close the beauty of the rainforest with its lush vegetation and interesting wildlife. Our main attraction, the Dennery Waterfall, is arguably the most spectacular on the island. A dip in the pool at the base of the waterfall leaves you feeling refreshed and invigorated.

You will have a new appreciation for the beauty of the island on the drive back up the coast. Bring your camera because the photo opportunities are endless.

This St. Lucia bike tour includes guide, park entrance fees, unlimited juice, and bottled water

The tour is offered on Fridays and Saturdays for "guests of hotels". Although they indicate they only accept guests from hotels in the south on Fridays, if you are providing your own transportation and want to go on Saturday, we suggest you call and request an exception.

Minimum height: 50 inches

Minimum age: 8 years old

Duration: 4 hours

Activity level: Moderate

Maximum weight: 250 pounds or 50" waist

Footwear: Closed-toe shoes or trainers (no flip-flops)

Hours: Not indicated

**Cost**: \$50US for adults (12 years and older), \$42US (ages 8 – 11). Prices exclusive of tax and transportation.

# IrieLucia ATVs 🌐 🔽 🚳

### 1-800-401-9804 (toll-free); Local (758) 284-4400

**Drive time from the villa:** About 40 minutes. **Location:** Near Choisel, off the main road.

#### Ride ATV's through the rainforest near Choisel

An exciting ATV tour that takes you on a trail through many unseen parts of the south of the island of St. Lucia. Our tour guide will take you on a journey through a network of exciting riding trails that begin in the mountains south of Soufriere, in the community of Balca, Saltibus. The 2-1/2 hour tour starts off on a working farm and continues onto an old plantation and the Devils Bridge. The ride also takes you through lush green valleys, and 2 beautiful secluded black sand beaches where you are free to swim, relax and have refreshments.

It explores many of the "off the beaten trails" not normally seen by visitors to St. Lucia. Besides the Pitons, Botanical Gardens and other famous sites in Soufriere, there are many other unexplored areas that offer amazing views and let you experience an authentic St. Lucian experience. The tour is also very interactive as you will not only get to sample different types of fruits grown on the estate, but your guide will brief you on the rich cultural history of the area and how it has molded St. Lucia into the island it is today.

If you have children under 16 years old, they can ride behind an adult. Each ATV can handle up to two people at a combined weight of 400 pounds. The tour costs US\$120 per bike and is available Monday – Saturday. Both morning (8:30) and afternoon (2:30) slots are available, although the online booking calendar also shows 11:30AM as a starting time. Custom times may be arranged.

They also offer a combined tour which includes rappelling 30 feet down to a river and some hiking. Price is \$180 US per person.

The ATV tour is the same as offered by Mystic Man tours. You can book directly with IrieLucia or through Mystic Man - you may want to compare pricing.

## Segway Tour of Rodney Bay Hills with "Lucian Style"



## (758) 452-8300 or (758) 724-4500 or (758) 724-8400

**Drive time from the villa:** About 90 minutes, although traffic in the north can significantly impact this.

Location: Rodney Bay. Their offices are close to the Baywalk Shopping Mall.

#### Tour the hills near Rodney Bay on a Segway

Come "glide" the island side. Experience the new fun, safe and environmentally friendly Segway X2, LucianStyle! Glide our scenic nature trail up beautiful Mount Pimard and enjoy breath taking views of St. Lucia's dramatic West Coast. First it's lessons and practice time on our "Segway Practice Track" and then it's a long gentle glide up our extensive groomed nature trail system while our informative guides talk about everything from the beautiful flowers and butterflies to the battles between the English and French for our fair Helen of the West.

First stop is "Pebble Beach" where local fishermen are often seen hunting for dinner and many rock skipping contests have been waged. Next, it's up, up, up the mountain side with many photo spots and educational stops along the way such as the now sealed bunkers that once served as tunnels, storage and lookouts for the American Military during World War 2. Once at our highest viewing point, Morne Pimant, guests are served local juices and fruits and invited to participate in a short walk up the volcanic masterpiece and experience "StoneFace Fish Pond", fish food and cameras strongly recommended.

As we begin our descent toward the beach we take a detour and enjoy "Belle View Point" for panoramic views of Pigeon Island, Reduit Beach, The Rodney Bay Marina and the Caribbean Sea that books will soon be written about. Lastly you will enjoy a relaxing glide along the beach passing the ever accommodating "LucianStyle Beach Hut" and feeling the sea breeze cool your soul.

We've done this a couple of times (the kids took off like rockets, Loretta took a little longer to get the hang of it!) It's a great way to get to try a Segway, and the tour is interesting – you are going through the hills near Rodney Bay, not through the town.

Tours start at 9 AM, 11 AM, 2 PM and 4 PM and run about 2 hours in length. Cost: \$93.50 US per person.

## **Atlantic Riding Stables**



### (758) 285-1090 or (758) 454-8660

Drive time from the villa: About 70 minutes.

**Location:** Micoud, on the south-east coast of St Lucia. You will have to drive down to Vieux Fort, then north on the east coast of St Lucia.

#### A memorable experience with beautiful horses and breathtaking scenery

We at Atlantic Shores Riding Stables will guarantee a horseback riding excursion that will leave you completely thrilled and wanting more. Our goal is to make sure you experience the most exhilarating horse ride in the Caribbean. Our popular beach tour takes you through acres of privately owned, countryside lands where you will enjoy the freedom of cantering your beautiful, creole horse along the rugged Atlantic coastline.

Atlantic Shores Riding Stables promises an unforgettable horseback adventure for beginners and experienced riders. If you are looking for a serene atmosphere to enjoy a private horseback tour with your family or loved one then please give us a call. We are affordably priced and we are confident our guests will love every minute spent with us in the saddle.

They have tours starting at \$65 US for an adults and \$55 US for children 4 to 13 years old

Weight limit: 240 lbs

Reservation line is open from 7 AM to 9 PM EST every day

Their "Beach Ride" departs at 10 AM and 3 PM